

# All Hallows' Five Dock



4th Sunday in Ordinary Time | Year A | Sunday 29th January

## Parish Mission

We, the people of this place,  
live and celebrate a love of faith.

We share this faith in a spirit of  
service, that creates a sense of  
God's presence among us.

### All Hallows' Parish Parish Priest:

Fr Sebastian Savarimuthu  
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### Assistant Priest:

Fr Richard Ddumba  
E: [ap@allhallows.org.au](mailto:ap@allhallows.org.au)

### Parish Secretary:

Elsa Waldie  
E: [admin@allhallows.org.au](mailto:admin@allhallows.org.au)

### Parish Bookkeeper:

Janelle Buckley

### Safeguarding Officer:

Ray Pozzato - 0438 860 168

### Parish Office:

Monday - Thursday  
9am - 4pm

2 Halley Street,  
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E: [admin@allhallows.org.au](mailto:admin@allhallows.org.au)

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## All Hallows Parish School:

### School Principal:

Ms Rachael Cashin

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## A Reflection by Fr Sebastian

### Matthew 5:1-12

### *Jesus teaches what it means to be happy.*

Today's Gospel offers a contrast to many of the messages we hear in our society today. If we were to accept uncritically the "get ahead" messages of our culture, we would think that happiness means having money, being successful, having many possessions, and so on. When we think this way, we are not unlike the people who heard Jesus teach on the day that he taught the Beatitudes. The crowd that day also associated happiness with material possessions and status.

Talk as a family about what it means to be happy or to be blessed. Make a list of traits that you would associate with a happy person. Then read together today's Gospel, Matthew 5:1-12a. Reflect on Jesus' description of happiness. Think about what each of the Beatitudes might have in common and write a family summary of the Beatitudes. Post the summary in a special place as a reminder of what your family will consider "true happiness."

Conclude by praying together prayers of petition based on the Beatitudes, e.g., "We pray that we will be peacemakers who seek to have a good relationship with other people even when this is difficult. We pray to the Lord." All respond: "Lord, hear our prayer."

With best wishes -  
Fr Sebastian



## Sacramental Life

### Holy Mass:

**Saturday:** 8am & 5.30pm Vigil

**Sunday:** 8.30am, 10am and 5pm

**Monday - Friday:** 8am

**Wednesday:** Eucharistic Exposition & Adoration - 3pm

### Reconciliation:

**Saturday:**  
8:30am-9am / 4:45pm - 5:15pm  
Or any time by appointment.

### Sick Calls:

Any time - day/night.

### Baptisms:

Every Sunday at 11am.



### Weddings:

Contact the parish office.

### A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with a crime are the police. If you, or anyone you know have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or [safeguardingenquiries@sydneycatholic.org](mailto:safeguardingenquiries@sydneycatholic.org). You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.



## Become a CatholicCare Companion

CatholicCare is searching for volunteers to be with people as they experience times of change, challenge and uncertainty.

If you are a good listener who is caring, non-judgemental and compassionate, we'd love to hear from you.

To find out more, please call Jacqui Willoughby, Volunteer Co-ordinator on 0426 773 630 or 13 18 19.




To find out more call

**131819**


[Catholiccare.org](http://Catholiccare.org)

connect@catholiccare.org




First Reading	Responsorial Psalm	Second Reading
<p><b>Zep 2:3; 3:12-13</b> A reading from the prophet Zephaniah <i>In your midst I will leave a humble and a lowly people.</i></p> <p>Seek the Lord all you, the humble of the earth, who obey his commands. Seek integrity, seek humility: you may perhaps find shelter on the day of the anger of the Lord. In your midst I will leave a humble and lowly people, and those who are left in Israel will seek refuge in the name of the Lord. They will do no wrong, will tell no lies; and the perjured tongue will no longer be found in their mouths. But they will be able to graze and rest with no one to disturb them.</p> 	<p><b>(R.) Happy the poor in spirit; the kingdom of heaven is theirs!</b></p> <p>1. It is the Lord who keeps faith forever, who is just to those who are oppressed. It is he who gives bread to the hungry, the Lord, who sets prisoners free. (R.)</p> <p>2. It is the Lord who gives sight to the blind, who raises up those who are bowed down, the Lord, who protects the stranger and upholds the widow and orphan. (R.)</p> <p>3. It is the Lord who loves the just but thwarts the path of the wicked. The Lord will reign for ever, Zion's God, from age to age. (R.)</p> 	<p><b>1 Cor 1:26-31</b> A reading from the first letter of St Paul to the Corinthians <i>God has chosen what is weak by human reckoning.</i></p> <p>Take yourselves, brothers, at the time when you were called: how many of you were wise in the ordinary sense of the word, how many were influential people, or came from noble families? No, it was to shame the wise that God chose what is foolish by human reckoning, and to shame what is strong that he chose what is weak by human reckoning; those whom the world thinks common and contemptible are the ones that God has chosen – those who are nothing at all to show up those who are everything. The human race has nothing to boast about to God, but you, God has made members of Christ Jesus and by God's doing he has become our wisdom, and our virtue, and our holiness, and our freedom. As scripture says: if anyone wants to boast, let him boast about the Lord.</p>
<b>Next Week's Readings</b>		<b>Gospel Acclamation</b>
<p><b>5th Sunday in Ordinary Time</b> <b>1st Reading:</b> Is 58:7-10 <b>2nd Reading:</b> 1 Cor 2:1-5 <b>Gospel:</b> Mt 5:13-16</p>		<p>Alleluia, alleluia! Rejoice and be glad; Your reward will be great in heaven. Alleluia!</p> 

**Gospel**

<p><b>Mt 5:1-12</b> A reading from the holy Gospel according to Matthew <i>Happy are the poor in spirit.</i></p> <p>Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them: 'How happy are the poor in spirit: theirs is the kingdom of heaven. Happy the gentle: they shall have the earth for their heritage. Happy those who mourn: they shall be comforted. Happy those who hunger and thirst for what is right: they shall be satisfied. Happy the merciful: they shall have mercy shown them. Happy the pure in heart: they shall see God. Happy the peacemakers: they shall be called sons of God. Happy those who are persecuted in the cause of right: theirs is the kingdom of heaven. 'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'</p>	
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**Living the Gospel – Be-attitudes**

	<p>One way to read the Beatitudes is that Jesus was commending and blessing the various people who found themselves in those sorts of conditions. Another, is as a list of qualities that all people should strive to exhibit. It's not just some people who happen to be economically poor who are blessed. Rather, we must all have a poverty of spirit – a humility about our need for God's merciful action in our lives. All are called to hunger and thirst for justice and all are called to be merciful. The Beatitudes are not a menu to select from, but rather an essential list of ingredients.</p>
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# LOOK

Sunday 29 January 2023  
Matthew 5:1-12  
4th Sunday in Ordinary Time

In the  
**GOSPEL TODAY**

## TRUST GOD!

Jesus goes up a hill and teaches his disciples. He tells them how people can be really happy. If we trust God, we will have the kind of happiness that lasts forever.



## Puzzle



Jesus' message today has a special name. Write down the first letter of each object to find out what it is called.



## What makes you happy?

Beatrice is a happy girl. These are some of the things that make her happy. Put a circle around any of these things that make you happy. Do you want to add a picture of something else that makes you happy?



What are they doing?

L \_ \_ \_ \_ \_ g

\_ \_ J \_ \_ \_

(ninetsi) (ot) (suse)

## A PRAYER TO SAY

Thank you, Jesus, for showing us how to be happy. Please help me to trust you always. Amen.



## Happy helpers

These two happy children are showing kindness. Write in the speech bubbles what they may be saying.



Answers: The Beatitudes. Listening to Jesus.